

### ***Welcome!***

This introduction is intended as a guide to get you started on the journey to completing ***Introduction to Developmental Disabilities***, as a 30-hour seminar.

Because this is a correspondence course, the seminar is designed to rely on you to self-direct your own learning. In a typical face-to-face learning environment, most of our time would be spent on the instructor sharing information with you (“lecturing”), small group activities, and discussion on the various topics, in which you would respond to questions about the topics as well as listen to other participants’ responses. Because this is a correspondence course, you will be asked to; read the information in this Manual, review various web sites, watch a number of videos, and to respond to questions by writing rather than talking.

### ***Course Materials***

The syllabus, as well as many of the assigned reading materials, are included as part of this Manual. Links to additional assigned reading materials and to assigned videos are also included in this Manual. All written assignments that you are required to submit to NOWAC are included in the Workbook that accompanies this Manual. You may submit these items electronically to NOWAC via email to [laurie@nowac.com](mailto:laurie@nowac.com), or hard copies via USPS to NOWAC, Att: Laurie Schey, 815 E Second St, Suite B, Defiance, OH, 43512.

### ***Questions?***

We have tried to make this course as simple to follow and navigate as possible, but we recognize that it may not be as self-explanatory as we hoped. If at any time you are confused or have questions about any of the assignments, please do not hesitate to contact Doreen Mohr at NOWAC, via email to [doreen@nowac.com](mailto:doreen@nowac.com).